

To: Golden Vista Board of Directors

From: Ad Hoc Exercise Room Committee [Ad Hoc Fitness Center Committee]

Date: Tuesday, December 21, 2010

1. Recommend the name change from Exercise Room to Fitness Center
2. ALL MEMBERS of the Ad Hoc committee **Recommend Rubber floor** ---

Advantages of Rubber Floor: {This is the basis of our presentation}

From Jim Fischer, REPS in Fitness:

- Will not hold sweat odor
- Will not stain easily when things are spilled on it
- Clean up is easier, does not Hold Dust and bacteria
- Longevity, it will not wear as a carpet will, so the rubber flooring should not need replacing for 30 years
- Does not cut, tear or have loop failure as carpet does...

From Dinoflex brochure:

Durable: with our limited activity rubber flooring should be around 25-30 years

Slip Resistant: machines won't move on rubber flooring

Sound Absorbing:

Interlocking (adhesive NOT required)

Stain Resistant

Shock Absorbing – comfortable with cushioning effect for floor exercises

Low Maintenance –

Reduces Muscle Fatigue

Golf Spike resistant

Skate Blade Resistant

Resistant to snow and ice – our problem is Desert Dirt

Color throughout

Removable, reversible, reusable

Cleanliness:

Rubber floor is easy to mop and spot clean – mild soap and water

No carpet fibers, dust, spores, allergens: healthier environment, cleaner machines and less maintenance problems

Larry Binion, Manager

Multi-Generational Center

Floor has been in 5.5 years

(Approximately 200 people per day, 6 days a week, for 5.5 years)

Detailed the ease of maintaining the rubber floor

Cleans with mild soap and water

Spot mops daily in heavy soiled area

Disinfectant (Quat 128) diluted with water, if necessary for heavy soils

WE PREFER RUBBER!!!

Exercise Room (Fitness Center) Flooring Options

	Dan Payne Floor Styles Scottsdale	Jim Fischer Reps in Fitness Mesa	Rick Tanner Red Mountain Mesa	Jim Fischer Reps in Fitness Mesa	Jim Fischer Reps in Fitness Mesa
Product Comparisons		RECOMMEND			
Product Name	Dinoflex Sport Mat	Got It Covered		Got It Covered	Bully
Style	Interlocking	Interlocking	We did not get their bid	Large Mat	Large Mat
Size	5/16 in x 37 in x 37 (Multi-Generational)	3/8" x 4 ft x 4 ft	after 3 phone calls	1/2 in x 4 ft x 51 ft	1/2 inch x4 ft x 6 ft
[92 x 3.62 = 333.04]	1292 sq ft	1200 sq ft		1224 sq ft	65# each mat
	3.62 sq foot	\$105 for \$47 per mat	PROPOSED	\$1.90 per square foot	1200 sq ft
					\$81.20 for \$43.75 per mat
Material	10% Beige	20% fleck/Std Color	CARPET	6+ different colors	Black
	\$4,677.04	\$4,277.00	\$3,500.00	\$1,225.90	\$2,275.00
	[\$4,344]				
Freight	\$950.00	\$997.00		\$1,000.00	\$1,098.00
Sub total	\$5,627.04	\$5,274.00		\$2,225.90	\$3,373.00
	[\$5,294]				
Sales Tax	\$534.56	\$501.30	\$332.50	\$211.47	\$320.44
	[502.93]				
Total	\$6,161.60	\$5,775.03	\$3,725.00	\$2,437.36	\$3,693.44
	[\$5,796.93]				
		91 mats		6 mats 51 foot long	52 Mats
Installation			\$500.00	Install: \$1.50 sq ft \$1,837.50	
Sealer	\$31.96	59.75			\$59.75
	Red Max Pro				
	covers 2000 sq ft	covers 800 sq ft			covers 800 sq ft
	2-3 coats	2 coats			2 coats
	Buy at Loews				