

Fitness Center Ad-Hoc Committee

Annual Report to Membership

Tuesday, Feb. 15, 2011

The Fitness Center Ad-Hoc Committee Charter is, to develop the new exercise room with the proper utilities, ventilation, and emergency equipment to provide an adequate area for exercise activities. The Committee will also provide a lease/buy scenario to recommend the best course of action for future maintenance of this facility.

In our inquiry of leasing we learned that maintenance of the equipment was not included in a leasing contract. The leasing contract was considerably more expensive than purchasing the equipment. So, we decided to pursue purchasing the equipment and obtaining our own maintenance contract. The maintenance contract responsibility was then passed to the park manager, Larry Martin.

The Ad-Hoc Fitness Committee members are Keith Sjolholm, LeAnn Lindeman, Jerry Schneider, Bobbi Davis and Roy Hintz. Lance Harvey is our Board Liaison and Dave Walker is our P & D Liaison.

I thank the volunteers that moved the equipment from the old Fitness Room on December 27th and also thank the volunteers that helped install the new flooring in the new Fitness Room on February 5th.

Here are the items in order of the sequence that we followed in coming to our final recommendations:

- 1) Determined requirements for room: Sink emergency phone, coat racks, base trim and proper ventilation.**
- 2) Visited six commercial fitness clubs and four HOA fitness rooms to insure that we recommended proper amenities for our Fitness Room.**
- 3) We made the determination on proper floor covering by evaluating four different products. We chose the 37 inch square rubber matting from DinoMax because of it's versatility and ease of installation.**
- 4) Moved equipment from old fitness room to new fitness room December 27th.**

5) Set up meetings and discussed equipment with three suppliers. Received quotes from each after telling them to give us their ideas on how to properly equip our new room.

6) Discussed many aspects of equipment use: strength, fitness or rehab capabilities. We mainly went towards fitness because of the nature of our residents. We did consider some rehab equipment in our recommendation.

7) Presented a multiyear purchase plan to help control annual costs.

8) Installed new rubber flooring in Fitness Room on February 5th, it arrived late February 4th, completely removed equipment and cleaned equipment and room before installing new flooring.

9) Worked on a consignment plan for old used equipment with recommended supplier; Fitness Depot of Scottsdale.

10) Gave Larry Martin a list of items to be done by he and his staff: establish a maintenance contract, Exertech, set up cleaning schedules to be done by Park cleaning staff and list of items that need to be completed in the Fitness Room.

11) Committee recommends that a Fitness Club be established.

Organization of a Fitness Center Club

The Ad-Hoc Fitness Committee recommends that a Fitness Club should be organized to help generate funds for future purchases of new fitness equipment. This is in line with all of the other clubs in the Park, they generate funds to assist improvements to their equipment.

**Dave Baldwin
Chairman, Ad-Hoc Fitness Committee**