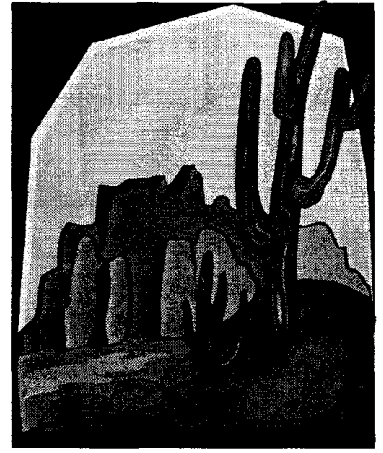


# GOLDEN VISTA NEWS

Summer 2004



## *Park Project Updates from Dell McKinney, General Manager*

Greetings from the Southwest!!! I hear some of you have had some bad weather, cold temperatures, rain, sleet and hail. Not us! Of course, we would like to have some good, soaking rains, but all we've had are brief showers. The weather people are predicting a heavy monsoon season and we're just beginning to experience it. Our temperatures have been hovering in the low 100s during the days, but now the humidity is up and so is the temperature!

### **Road Work**

Our street project is in progress. As most of you know, it began on April 15.

The drainage part of the project at the south side of the tennis courts is nearly complete. Two 30-inch corrugated pipes have been placed underground and a new catch basin at the south side of the tennis courts where the water feeds into the pipes has been added. The water then travels

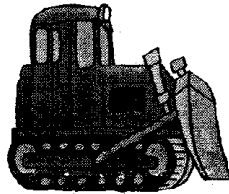


underground 150 feet or so to the retention area. We have now filled in the spillway above the drainage pipes and essentially have created some new land.

The gutter edge removal and replacement on the north side of the park from Jasper to Motherlode and Rock Hound to Iron Ore has been completed. The southeast section from Motherlode to Ore Cart has also been completed. Removal and replacement is underway on the southwest side.

Currently, we are seal-coating on the northside from Diamond to Jasper. The best thing about this project is the asphalt is level with the gutter and no longer will pose a tripping problem. Also, I think most of us will be able to do without driveway plates.

Three intersections along North Mineshaft have been redone: Diamond, Emerald, and Hawk's Eye. The concrete gutters are still there to carry water across



Mineshaft, but the crowns on these three streets have been lowered which reduces the bump,

considerably, and makes the ride much smoother.

One must still drive 10 mph as these gutters do still serve as

inverted speed bumps.

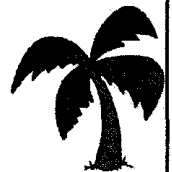
***We all need to remember to drive 10 miles per hour in the park!***

Rock Hound has been resurfaced from Felspar to the tennis courts. This road looks great and with the higher center line or crown, it will help keep water from flooding those on the west side of Rock Hound.

The remainder of the project: the replacement of Nightdigger from Mineshaft to the tennis courts, the crack filling and seal coating still need to be done. I think you will be happy with the way the streets look, and more importantly how well they drive and how well the water flows.

### **Palm Tree Trimming**

Trimming has begun with the common areas by the pool and main complex and moving north. When the trees are done, the streets will be swept and before seal coating.



### **Maintenance**

The large pool has received a face-lift. The plaster was wearing, so it was necessary to re-plaster the pool. We had tile already to match the spa and the small pool. I did have them



add the racing lanes, made from teal colored six-inch tiles and a very slight teal speckle in the plaster. The pool was up and ready to be used over the 4th of July weekend. I think it is beautiful!!

## Main Laundry

The main laundry is open again after being closed for repairs and painting. As many of you remember, the air conditioner above the laundry leaked during the last rain we had, causing part of the ceiling to fall. We now have both the air conditioner and the ceiling fixed. The air conditioner was under warranty so it didn't cost us anything except aggravation. While the laundry was closed, maintenance painted it, so it too is all spiffed up.



## Weeds Weeds Weeds!

This summer we are again having a problem with weeds. I will be contacting owners with weeds to see whether or not they want the park to take care of the problem or if they have a caretaker to tend to the weeds. Only owners with a lot of weeds will be contacted.



The fee for weed removal and spraying is \$50.

Were you among the first residents of Golden Vista in 1984-85?

We need some pictures to display at our 20th anniversary party so bring them with you when you come back!

Although the park was opened in the fall of 84, we'll be celebrating at the end of January when everyone is here!

## Computer Club Relocates

Due to the large number of club members and the tight quarters in its current location, the Computer Club is being moved to the TV Room.

Those who reserved space in the TV room have been relocated to either the Hopi Room (boxed mail pick-up room) or another room. Stop by the Activities Office to check on your room

## Won't You Help Out?

To all of you who already volunteer in some way to keep programs and activities going: a huge thank you and I hope you will continue.

For those who have yet to get involved-there will be plenty of opportunities this coming season. Most of the volunteer

openings are not time-consuming so you'll still have time to do all the other things you'd like to do.

Stop by the Activities Office when you get back to say hi and to see where we need some help.

Thanks to all!!



**" This time like all times is a very good one if we but know what to do with it."**

-Ralph Waldo Emerson

## ACTIVITIES 2004-05 by Jan Miller

Get ready for a very busy 2004-2005 season here at Golden Vista!

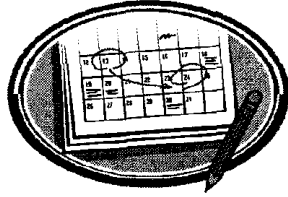
We've got all the usual events/activities plus some new ones and some returning ones!

Dances will again be on Friday nights, with a discounted ticket price for homeowners and several new bands will be playing including a 9 piece band: Swing Fever on New Year's Eve. In addition, several of these nights will have a theme: Valentines, Country-Western, Senior Prom, Mardi Gras so bring those special outfits and join the fun!



An effort will be made to

bring back Market Days on a monthly basis for this season. Homeowners with craft tables will not have to have a sales tax license. If you know any vendors who would like to participate-let them know-the first one is scheduled for early December.

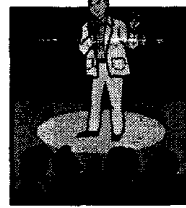


For early returnees, the October calendar includes an Octoberfest, Broadway Palm's show: Miss Saigon, & a Halloween Party & hayride.

Attention Veterans: November 11th will be your special day, complete with the flag raising ceremony and a special catered dinner with

a speaker from Luke Air Force Base. Do bring a photo of yourself in uniform with the dates you served and it will be displayed for all to see. If you want, wear your uniform!

December will bring plenty of holiday doings including a performance by the Mesa City Band and the Singing Newscasters: Mike Chamberlain from Channel 3 & Chris Corragio from Channel 5! We'll also have a special tree lighting ceremony and a country western dance with catered dinner. January is non-stop dinners, entertainment and activities. The sock hop



returns with a special guest appearance from Graceland & a Golden Vista 20th Anniversary Celebration will be held at the end of the month. February's doings include a Valentine's Dance, a Pet fashion parade & contests, a health fair and more. March activities include our famous St. Patrick's Day parade & lunch, a book fair, more entertainment & plays and outings for lunch to Organ Stop, & to Barleens for their great show.



In addition, I'd like to start a tutoring a student or assisting a teacher at a local elementary school.

Of course there's much more! Look forward to seeing all of you soon!

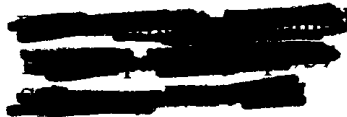
### New Doings:

1. A monthly get-together with the Jan Miller, Activities Director, to go over the upcoming activities & events & to answer questions and concerns.
1. A new homeowners meeting will follow the activities office meeting each month
2. The Dessert Speakers Series: once a month- we'll have a speaker presenting an interesting topic followed by a great dessert. Local businesses will sponsor the event so it will be free to homeowners (tickets must be picked up in advance)
3. A Health Fair sponsored by Humana, complete with informational talks by experts and various displays and information from health organizations.
4. A special series on the Navajo Indians is scheduled for February with a special artisans fair and entertainment, followed by seminars and a tour of Indian Country.
5. A monthly table tennis tournament has been added to the schedule
6. Volunteers will be needed to help put out the monthly newsletter: delivery folks, reporters, proof readers and a designer-any takers?

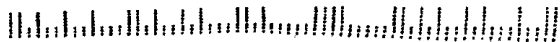
Questions/concerns: Contact Jan this summer at [activities@gvrv.us](mailto:activities@gvrv.us)

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### Get involved: A healthy habit for healthy aging by the Mayo Clinical Staff

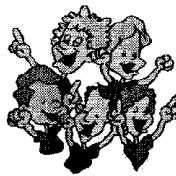
Whether it's volunteering for a cause or simply befriending someone else, being part of a network can benefit you physically and mentally. For decades research has shown a link between quality of life and involvement with other people. It's common sense. If you feel needed and a part of your community, you'll likely feel better about yourself and enjoy life more.

"A relationship with the community is not necessarily as close and intimate as with family and friends, but it's equally important," says Paul Takahashi, M.D., a specialist in geriatrics at Mayo Clinic, Rochester, Minn. "People gain a lot

from directly interacting with others and giving back to society."

Science has only just begun to document the effects of social support on your health. But a growing body of evidence suggests that staying connected with others can buffer or reduce some of the health-related effects of aging and stress — and even extend your life.

Some research suggests that older people who volunteer might be more likely to live longer than those who don't volunteer. And you



don't have to give up all of your afternoons to get benefits from volunteering — even a few hours a month can make you feel more connected to your community.

Staying involved with your community can mean different things to different people. Reaching middle age means that you likely have plenty of wisdom and experience to share. Put those assets to work by offering your time and talents. Tutor at an elementary school, work at a food bank, campaign for a favorite political candidate or deliver for

Meals on Wheels. Volunteer with an organization whose cause you support. Or head to your local library, a church or a religious group to find out about more volunteer opportunities.

Choose activities and groups that work with your health and time. Another option is to join a group in your community. This could be just about anything. Try a book club or participate in a choir.

Simply being involved is far more important than what you're involved in.